

TIGERS FOCUS

EDUCATION GROUP

BEFORE SCHOOL CLUB

SIGN UP TODAY



WHO: 4th, 5th, & 6th grade students

WHEN: 8:15–9:00 am Tuesdays & Thursdays for 8 weeks
(starts Tuesday, Sept. 24th & ends Thursday, Nov. 21st)

WHERE: *Central Elementary Library*

COST: FREE!



***SPACE IS LIMITED, Scan this QR code, or
SO SIGN UP NOW!*** visit <https://forms.gle/M6CBQaNXdA4rvLax7>

WHAT WILL MY CHILD LEARN?

The InFocus Club will teach your child many important skills:

- Promoting positive thoughts, actions, and feelings.
- Stress management and mindfulness.
- Recognizing other's needs.
- Emotional regulation.
- Habits of happiness.
- Growth mindset.

QUESTIONS?

Contact Ruth Horsley

801-390-4140

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