



**BE RESPECTFUL**

**FAMILY CONNECTION LESSON**

<p><b>CONCEPTS TO REINFORCE:</b></p>	<ul style="list-style-type: none"> <li>• Say please and thank you</li> <li>• Wait your turn</li> <li>• Think of others' feelings</li> <li>• Respond kindly</li> <li>• Ask permission to use someone else's belongings</li> <li>• Only speak kindly</li> </ul>
<p><b>MATERIALS:</b></p>	<ul style="list-style-type: none"> <li>• Clipboards or other hard surface</li> <li>• Pieces of lined paper folded in half (hot dog bun style) to create two columns. At the top of one column, write <i>Respectful</i> and at the top of the other column write, <i>Disrespectful</i></li> <li>• Pencil or pen for each member of the family</li> </ul>
<p><b>ACTIVITY:</b></p>	<p><b>Instructions:</b> Begin with a discussion about respect. Ask your child(ren) what they think it means to be respectful or disrespectful. Share specific examples. After you are sure the children understand what being respectful looks like, sounds like, and feels like, go as a family to a busy store that has greeters, service desks, or cashiers. Give each child a piece of paper with the two columns and ask them to write down the respectful or disrespectful behavior they see. If the child(ren) are too young to write, ask them to draw pictures. Make sure there is an adult with the child(ren) at all times.</p>
<p><b>ACTIVITY TALKING POINTS:</b></p>	<ul style="list-style-type: none"> <li>• What things did you notice people do that were respectful?</li> <li>• What things did you notice people do that were disrespectful?</li> <li>• How do you think each person felt in the situations you observed?</li> <li>• How do you feel when someone treats you respectfully?</li> <li>• How do you feel when someone treats you disrespectfully?</li> <li>• Why do you think it's good to be respectful?</li> <li>• In what ways are you sometimes respectful or disrespectful?</li> </ul>

<p><b>FAMILY DISCUSSION:</b></p>	<p>Discuss ways to show respect: saying please and thank you, waiting your turn, thinking of others' feelings, responding and speaking kindly, and asking permission to use someone else's belongings are just a few ways to show respect. Add any additional actions that show respect like putting toys away after you play or giving things back quickly after you have borrowed them.</p>
<p><b>CONCLUSION:</b></p>	<p>When you act respectfully toward others, you are recognizing they have feelings, too. Post your child(ren)'s lists around your home to help remind them to be respectful.</p>
<p><b>TREAT:</b></p>	<p><b>MONSTER COOKIES</b> (Don't be a Monster, Be Respectful!)</p> <p><b>MONSTER COOKIES RECIPE</b></p> <ul style="list-style-type: none"> <li>• 1/2 c butter</li> <li>• 1 1/2 c peanut butter</li> <li>• 1 - 1/4 c brown sugar</li> <li>• 1 c granulated sugar</li> <li>• 1 tsp Karo syrup</li> <li>• 1 tsp vanilla</li> <li>• 2 tsp baking soda</li> <li>• 3 eggs</li> <li>• 1/2 c chocolate chips</li> <li>• 1/2 c plain M&amp;M's</li> <li>• 4 - 1/2 c rolled oats</li> </ul> <p><b>Directions:</b> Preheat oven to 350 degrees. Cream butter, peanut butter, sugars and eggs. Add Karo syrup, vanilla, and soda. Mix well. Stir in chocolate chips, M&amp;M's and oats. Drop on ungreased cookie sheet and bake for 10 to 12 minutes. Enjoy! Great for holidays with different colors of M&amp;M's!</p>
<p><b>ADDITIONAL RESOURCES:</b></p>	<ul style="list-style-type: none"> <li>• <i>My Troll Patrol: Be Respectful</i> by Courtney Johnson</li> <li>• <i>The Berenstain Bears Show Some Respect</i> by Stan and Jan Berenstain</li> <li>• <i>Each Kindness</i> by Jacqueline Woodson</li> <li>• <i>Nobody Laughs at a Lion</i> by Paul Bright</li> <li>• <i>The Way I Feel</i> by Janan Cain</li> </ul>

"To show respect, you need to have manners. It's the simple things like saying 'Thank you' and 'Please' when someone gives you something. Show appreciation for what you get and never ever say you want more or complain."

