



The Sego Lily SCOOP

November, 2012

SEGO LILY
OFFICE HOURS
7:30 AM-4:00 PM

**Please note our
phone number has
changed!**

NEW PHONE NUMBER:
(801) 610-8717

• Important Dates

- Nov. 4 Day Light Savings Time
- Nov. 5 Minimal Day
- Nov. 6 Session 2 Fit Kids Club Begins
- Nov. 6 Election Day
- Nov 7 Reflections Awards Night
- Nov. 8 Lehi Roller Mills Sale Ends
- Nov. 11 Veterans' Day
- Nov. 21-23 Thanksgiving Break
- Nov. 29 Robotic Class Begins



Sego Lily Elementary School
550 East 900 North
Lehi, Utah 84043
(801)610-8717

Principal's Message

School improvement is one of the most important responsibilities we have to ensure all students learn at high levels. The combination of parents, teachers, and students working together to make Sego Lily top notch is very exciting.

In addition to our school improvement process, I am happy to report that Sego Lily has just received our preliminary UCAS (the state's new comprehensive accountability system) data and I look forward to sharing the results with you in our Stakeholder's Report later this month. You will be excited when you see the results!

Sego Lily is an exceptional school! We have some of the most dedicated teachers, parents, and staff that I have ever seen. Students are happy because they feel success. Teachers, staff, and parents are happy because they see the positive impact they have on children. I can't think of a better learning environment than that! Mrs. Johnson



Students "falling" in love with school because they feel success!



Sego Lily Fundraiser Supports Lehi Roller Mills!

Sego Lily Students will launch their annual fundraiser, October 30 and will sell various food items (smartly packaged for the Holiday season) from our very own Lehi Roller Mills. Items will arrive at the school sometime during the first week or two of December. Partnering with the mill makes us feel like we are making a difference for a local Lehi business that was established in 1906.



This fundraiser is win-win for both Sego Lily students and Lehi Roller Mills. Sego Lily students will help fund their new Spirit Stick program and continue to expand technology. Likewise, Lehi Roller Mills will receive additional business during these difficult economic times. Lehi Roller Mills is an iconic landmark that has been part of our community for over 100 years! We want to see Lehi Roller Mills and Sego Lily succeed!

Spirit Stick Incentives –Students who sell Lehi Roller Mills product will receive 1 Spirit Stick for every \$10 sold!

\$10 = 1 Spirit Stick , \$20 = 2 Spirit Sticks, \$30 = 3 Spirit Sticks and so on.

\$60 = Smart Cookie Spirit Stick

\$100 = Purplelicious Spirit Stick with rhinestones or the Goldilicious Spirit Stick with rhinestones

Order Your Christmas Gifts Today!



Hurry

**Sale
Ends**

**Nov.
8th**

**This
Week!**



Working together with Lehi Roller Mills to make Sego Lily a success

It's about Community!

Seeing Double at Sego Lily

Being around twins is nothing new for Jan Cook, Preschool Teacher at Sego Lily.

“My mom is a twin, my brothers are twins, and I have nephews that are twins. What is unique this year for me is that some of my students are twins—five sets to be exact. I don't think I've ever heard of this many twins in the same grade level at one school before.” Jan Cook

A preschool at Sego Lily is not new; however, it is one of the best kept secrets here. The preschool program is classified as an integrated preschool program. Spe-

cial educational services such as: speech therapy, adaptive physical education, occupational therapy, and physical therapy are provided for many students. There are also placements available to regular education students, for a small fee, that serve as peer role models.

The children that attend preschool range in ages from three to five years old. All students learn the skills necessary to be ready for kindergarten.

Along with a teacher, the preschool also employs two classroom aides.

Research has shown that early intervention is vital in Kindergarten readiness.



Teachers Celebrate Student Achievement After Seeing Incredible Gains



Student Success Is Directly Tied to Professional Learning Communities

Teachers celebrated student achievement after examining Segó Lily's Math, Science, and Language Arts data. The process of working in teams to examine data during collaboration, has paid huge dividends at Segó Lily.

Monday early out days provide teachers time to work together in order to make team decisions about

Kinna Harris Wins Top Math Award.

The Utah Council of Teachers of Mathematics (UCTM) named Kinna Harris as Utah's Outstanding Mathematics Educator of the year.



The Karl Jones award, as it is known is a very prestigious award and we are very proud to have one of our own be recognized for instructional greatness!

Mrs. Harris is known for her ability to instill a love for math in her students while they

students. Together, teams identify students who have not mastered a standard and plan ways to help those same students master that standard. Likewise, if students pass the standard, teachers create enrichment opportunities so those students may learn content at higher levels.



are young. Her students feel success because they learn to look at math as a way to organize and understand their world in every day life.

One of Mrs. Harris's proven methods is that she provides multiple experiences for students to become successful through games and exploration. She also believes in building a strong foundation of number sense in second grade.

"Like most educators, I believe that all children can learn. Some catch on quickly and for those kids, I promote deeper thinking. For those who struggle, we celebrate all of the "baby steps". My students know that it is okay to make a mistake and that it is through perseverance we all learn and grow." Kinna Harris.

Red Ribbon Week Fun

Students had fun learning about the importance of taking care of their bodies in October. The PTA organized activities, games, an assembly and an amazing 5K race to teach students about the importance to staying drug free. Students also earned a Red Ribbon Week Spirit Stick. Thank you PTA!!!



Golden Sneaker Award

We are excited to announce that we have had 6 students earn their Golden Sneaker Award and their Golden Sneaker Spirit Stick! Congratulations to Scott Brown, Colby Eastmond, Taylor McAllister, Alexis Taylor and Julie Owens! Scott ran, jumped rope, and played football. Some of the exercises

Colby completed were jogging, playing soccer, and walking. Taylor swims- A LOT and takes dance classes. Julie exercised by roller blading, hiking, jumping rope, and swimming! Alexis earned points by running stairs, taking gymnastics

classes, doing aerobics and jogging! Way to GO!!! Coach Burton hopes that all Sego Lily students are being active and recording their points, too! Keep up the great work



Willard's Home

After serving as an Army Ranger and contracted service worker in Afghanistan, Willard, Mrs. Rivera's husband, is now home! Thank you for your military service! Willard Spirit Sticks are now available. See Mrs. Rivera for details.

Healthy Hints From Nurse Bodily RN

Let's talk about the rising rate of Diabetes. According to the American Diabetes Association, 25.8 million people in the United States have diabetes- 8.3% of the population. By 2025, says a study in "Population Health Management", the number will be dwarfed. Projections from the CDC anticipate that 53.1 million people will have diabetes by 2025.

Earlier this year, the state of Utah commissioned a height/weight study to be done on random students in the 1st, 3rd & 5th grades in Utah schools. Some of the findings included:

- More boys than girls were overweight or obese in every grade.
- The percentage of



boys at an unhealthy weight (overweight or obese) increased dramatically from 1st to 5th grade.

- In 1994, 16.9% of 3rd graders were at an unhealthy weight. By 2012, the rate had increased to 21.3%.

The following adult diseases are now observed in obese children:

- Hardening of arteries, high blood pressure, and high cholesterol,

which can lead to heart disease.

- Diabetes
- Glucose intolerance
- Sleep-associated breathing disorders
- Non-alcoholic Fatty Liver Disease

Diabetes is a serious health issue in America. Researchers warn that "reversing" this epidemic will require major lifestyle changes and remaking our health care delivery system into one focused on proactive preventative management.

Let's all try to increase our chances of a healthy life in the future by making the necessary changes in our lifestyle choices. IDEA Fitness Journal (September, 2012).

“Launching” Science Education to Africa

Educators from Africa spent the afternoon launching rockets with sixth grade students at Sego Lily Elementary.

The African guests were Professor Jack Obongo and Dr. Esther Alando. Mr. Obongo is a university professor in Kisumu, Kenya. Esther is a professor of education at University of Nairobi, Kenya. In Kenya students are taught through lectures, with teachers helping them to memorize what they need to know to pass exams. In an effort to improve education by using hands on learning, the educators came to see how this works in a classroom situation. Inside Out Learning, a non-profit foundation started by Marilyn Clark, is seeking to help Kenya by improving education in the schools and teaching educators how to implement hands-on lessons..

Dr. Obongo and Dr. Alando joined in the fun as students loaded hand-made rockets onto the launcher, watched the gauges until the air pressure was high enough, then launched the rockets. Measurements were made, data tables filled in, graphs drawn to show which rockets went the furthest, then students came in to discuss the results of their experiments on the optimum amount of water

to use in launching the rockets.

After students left for the day, Jack, Esther and sixth grade teacher Vickie Ahlstrom discussed differences between education in Africa and Utah. Jack and Esther were astounded by the enthusiasm that students had for science. They were amazed that the students had self-control while they were outside doing the experiments. As they reviewed what was written in student journals, they saw that authentic learning had taken place and the kids had written their understanding of their experiments and even further questions to be explored. Schools in Africa may not have access to a rocket launcher, but students can learn many science concepts by using the materials they have at hand and being able to “DO” science.



New After School Robotics Program

A new after school science and math robotics program will be available for Sego Lily students beginning November 29th at Sego Lily!



What is Learning Through Robotics? Learning Through Robotics offers interactive learning using “hands on” material and equipment. Elementary students who like engineering,

math, and science will love working with several types of robots. Students will actually build mini robots using building models, attaching sensors and motors that are plugged into a computer and configure its behavior using simple programming tools developed by world’s leading research institutions and robotic companies.

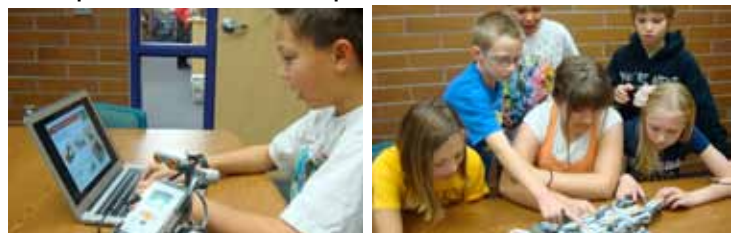
Students explore problems and invent their own solutions.

Students use their imagination, try out their problem-solving skills and work as a team. See video on <http://www.youtube.com/watch?v=K-GzDmvDeLQ&feature=colike>

Session 1
November 29th
December 6th & 13th
January 3rd

Cost, \$39.00
Place: Sego Lily Library
Time: 3:30

Sponsored by UVU
Class sizes limited to 20 students.
Computers and robots provided.



Session Two Fit Kid Club

Another session of Fit Kids Exercise Club will begin next week. We are now inviting parents to join the class. Come get fit with your kids.

Students and parents need to register with Coach Burton. We are asking for a \$5.00 donation to help cover cost.

Fit Kids is a 30-minute exercise class that focuses on physical fitness for kids in the 1st - 6th grades and

now parents. The class focuses on movement, coordination, physical fitness and FUN! Coach Burton will challenge the kids using an obstacle course and a variety of exercises. The kids will use balls, ropes, hula-hoops, mats and other equipment to add in the fun! And of course, there will be some awesome music to motivate everyone to MOVE!



Students Get involved with Character Counts



"Be Your Best" was October's Character Counts and William Whitehead in 6th grade created this cartoon showing a student trying to do his best to throw a ball at the dunking tank so the teacher will go down into the water. The reaction of the teacher is to do his best to not get water up his noes. What a great positive way to see both perspectives of being and doing your best. Thank you William!

October Students of the Month

Students were honored for being their best self in October. These students were awarded on Friday, November 2 at an assembly. These students received many gift certificates from businesses and a new spirit stick to show everyone for years to come that they were students of the month. A portrait of these students is out in the hall near the front office.





Parent Night

Alpine School District Special Education Department and the Utah Parent Center will be training parents on academic support.

PARENT NIGHT
Thursday, November
15, 2012
6:30-7:30 p.m.
Legacy Elementary,
Media Center
28 East 1340 North
American Fork, UT

Topic: Academic Support



Dana Wilson, the presenter for this evening, is a special education teacher leader with over 20 years of experience. As a special education teacher, she addressed the academic, functional and behavioral needs of students with mild/moderate to severe disabilities. Her current responsibility as the Life Skills teacher leader is to support elementary small-group life skills teachers and their students. She loves the challenges and rewards of working in the field of special education.

Lehi Interfaith Celebration

Annual Lehi Community Event
Friday, November 30th from 6:00 - 8:00 p.m.
Lehi East Stake Center
851 North 1200 East, Lehi, Utah
Musical performances by various elementary, Jr. High & high school choirs, live outdoor nativity pageant, and a display of more than 150 creches (nativities).
Free admission! Donations for the Food Bank will be accepted. Many Sego Lily students will be performing.

Reflections

Students were honored for their participation in Reflections during our Character Counts Assembly. Each participant received a Reflections Spirit Stick. Winners will be announced in a Reflection Open House, November 7th from 6-8 pm in the school gym.

Scarecrow Day in Kindergarten

As Scarecrow Day began for the kindergartners at Sego Lily Elementary, excitement filled the air. With the help of parents, zealous children begin stuffing their scarecrows. During this activity, parents and students had the opportunity to interact, create, and spend quality time with each other in the classroom.

This fun fall tradition has been carried on for many years at Sego Lily. As teachers watched students interacting with their parents, it was apparent that the parents were having as much fun as the children.

Making scarecrows is a wonderful way to provide a bonding experience between a parent and child in a school setting. Scarecrow Day also provides many cherished memories for years to come. This is a tradition we hope to continue to have at Sego Lily for many years.

We absolutely LOVE Scarecrow Day at Sego Lily!!

Road to Success Winner!

Congratulations to Sydney Roberts for winning Ken Garth's Road to Success Program.

