

MARCH 2013
 VOLUME 4, ISSUE 7

North Point Elementary School
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 Office Phone: **801-768-0335**
 Mr. Kim Roper, Principal

Calendar of upcoming Events :

2nd Trimester Ends
 Prof. Development-Minimal Day
 Report Cards Sent Home
 SEPs (Parent/Teacher Conferences)
PTA Board Meeting
 Knowledge Bowl District Competition
 Teacher Appreciation Week
 Knowledge Bowl District Competition
 School Play- Wizard of Oz
5th Grade Donut Date
 Spring Vacation- No School

Friday, March 1
 Monday, March 4
 Tuesday, March 5
 Tuesday & Wednesday, March 5 & 6
Wednesday, March 6, 9:30 a.m. @Kiva
 Saturday, March 9 & 16
 Monday – Friday, March 18-22
 Saturday, March 23
 Wed, March 27-Thurs, March 28
Thursday, March 28
 Monday-Friday, April 1-5

**OUR NORTH POINT
 PTA MEETINGS
 ARE HELD ON THE
 FIRST WEDNESDAY
 OF THE MONTH AT
 9:30 AM IN THE
 KIVA.**



All are invited to attend

Congratulations Navigators... we earned a visit from Kevin Murphy from the Utah Jazz!



Thank you to all who worked so hard to read & turn in minutes! We are all winners! Success comes only through diligent effort.

Jazz Read-A-Thon



Thank you to Lynette Hancock & Lisa Owen for their hours of volunteer work to bring us this great program.

Navigators Get Fit

It's Time to GET FIT!

Starting in March we will be kicking off our Annual PTA Fundraiser! It's important to our PTA board that we only have one major fundraiser each year, and that it be a meaningful fundraiser. To this end, we offer the GET FIT program along with our fundraising drive. The GET FIT program is a series of challenges and information given to students and their families to help increase awareness of healthy living.

These challenges are meant to help parents in the discussion of health and fitness with their children. They are completely optional, and meant to be fun! Along with each challenge sent home, there is a little prize drawing entry form. Keep in mind, we have no interest in reading into your student's answers on each of these drawing forms, it's just a way to help them pull important information out of the content provided and internalize the information. At the end of each challenge period we will do a drawing and reward several prizes to students who have participated in the drawing. Prizes will be on display in the front hallway display case.

The fundraising portion of Get Fit to Fund will be April 22-26. We are asking for \$30 per student for this fundraiser. Each student who meets the goal of \$30 will be awarded their own JUMP ROPE! This jump rope not only offers lots of fun and fitness, but it will be accompanied by an invitation for the entire family to the FAMILY FITNESS PARTY! We will have jump rope contests, hopscotch, hula hoops, and lots more fun for the entire family. Mark your calendar now for Saturday, April 27th from 10-Noon. It will be behind the school. Everyone who participates in our fundraiser is welcome to attend.

Here are some links for the Get Fit challenges that we will be sending home in March. We decided to do one every 2 weeks, so there will be 2 sets for each of the next 2 newsletters.

1. Our first challenge (March 4-16) is: Screen Time:

[http://www.jpeds.com/article/S0022-3476\(08\)00176-5/abstract](http://www.jpeds.com/article/S0022-3476(08)00176-5/abstract)

http://www.pta.org/topic_decline_of_physical_activity.asp

Children and TV: Limiting your child's screen time (Mayo Clinic)

<http://www.mayoclinic.com/health/children-and-tv/MY00522>

Limit TV, Video Games, To Two Hours A Day To Reduce Childhood Obesity, Study Suggests (Science Daily)

<http://www.sciencedaily.com/releases/2008/04/080416081631.htm>

2. The second challenge (March 18-30) Sleep & Hygiene:

Sleep: <http://singleparents.about.com/od/parenting/f/sleeprequire.htm>

Hygiene: <http://health.kaboose.com/kids-health/hygiene-kids.html>

<http://health.kaboose.com/kids-health/good-hygiene.html>

<http://health.kaboose.com/kids-health/older-kids-deodorant-skin-feet.html>

News from the PTA Education Commission:

Storytelling: We had our final storytelling assembly. The students did awesome. It was so fun to hear how well prepared they were. The winners who will be representing our school at the Timpanogos Storytelling Festival tryouts will be **Abby Shumway and Zachary Tew**. Good Luck to you!!!

Knowledge Bowl will be having their final school competition on Wednesday March 6 at 6pm. Come in and watch their competition while you are at SEP's and see what Knowledge Bowl is all about. The district competitions will be March 9 for the 4-6 graders, and March 16 for the 3/4 graders. We hope you do well. Next year we will be studying Geography. If you are interested in this topic and would like to have fun being on a team look for sign-ups coming soon.

Jazz Read-A-Thon: We ended out Jazz Read-A-Thon with on February 19th. The students read over 1.3 million minutes. Our school placed in the top 12 and we had an assembly with not one but 3 NBA players. We had (Mr. Roper and Mrs. Sitake aliases as retired NBA players), and a current player with the Utah Jazz- Kevin Murphy. Kevin read to the kids and shot baskets for them. It was a lot of fun. Congratulations to the students. Thank you, students, parents, and teachers, for all of your hard work and for making the Read-A-Thon a huge success.

—Lynette Hancock, PTA Education Commissioner



Teacher Appreciation is coming March 18-22. We are so excited to celebrate all the teachers and staff at North Point!

The week theme is "North Point teachers and staff are SUPER!" (Super Hero themed)

****Notes, cards, and classroom supplies are great ways to let you teacher know you appreciate them****

The PTA will be providing lunch on Wednesday, March 20th for all teachers and staff and will do other fun "thank-you"s during the week.

Room Parents will help coordinate decorating doors (doors can be any theme, they DO NOT need to be superhero!)

Room Parents will also be in touch with more information about class plans.

Please help us make this a special week for the Teacher's and Staff at North Point!

Teacher/Staff Birthdays in March:

- Andrew Payne 3rd
- Kimberley Campbell 4th
- Mrs. D. Knight 12th
- Rachel Palmer (PTA Co-Pres.) 28th
- Mrs. J. Johnson 29th
- Andrea Koon 30th



North Point has R.A.D. (Really Awesome Dad) Dads!

Thank you to you awesome Dads who have come help during the lunch recesses!

RAD Dads: Come have lunch with their students & play at recess (helping to monitor the playground☺).

Here's the link to the sign-

up: <http://www.signupgenius.com/go/70A0F44ABA628A64-lunch>