



AFHS Caveman Football Youth 7 on 7 Passing Camp

Caveman Youth Football is proud to announce two youth clinics coming to A.F.J.H. and Barrett Elementary this spring. Rather than holding the week long camp in the summer, camp will be held in May this year. Camp will begin right after school to make it as convenient as possible for every Caveman to attend. Camp will be run by members of the AFHS Coaching Staff and American Fork High School Senior football players. Throughout the 4 days players will learn the fundamentals of both an offensive and defensive position, compete in various competitions and 7 on 7 games, and hear from guest speakers and various leaders from the high school program and from the community. Due to the nature of the camp, which is to compete and have a blast playing football, linemen will work individual linemen skills during skill development time, but then be placed onto a 7 on 7 team. Linemen like to score touchdowns too!

Purpose of the Camp

To instill in future Cavemen a love for football, competition, and their teammates, while teaching the definition of Caveman Character.

When and Where:

Current 6th – 9th Graders @ A.F. Junior High, May 11th to 14th.
3:15 to 4:45 each day.

Current 1st – 5th Graders @ Barrett Elementary, May 18th to 21st.
Monday – 3:00 to 4:30 Tue-Thu 3:45 to 5:15

What Do You Need to Do:

Pay online at cavemanfootball.com (click on the Registration Tab) or pay the day of the camp. Cost of the camp is \$50 if you pre-register and \$65 on the day of the camp. This includes a camp t-shirt. If you sign up on the day of the camp you are not guaranteed a t-shirt.

Mail the registration form and waiver to AFHS.

Be on time, especially on the first day of camp, to be sure we can get as much football in as possible.

Sample Camp Itinerary

3:15 – 3:25 Dynamic Warm-Up
3:25 – 3:45 – Individual Skill Work
3:45 – 4:00 – Team Competitions
4:00 – 4:20 – 1st 7 on 7 Game
4:20 – 4:40 – 2nd 7 on 7 Game
4:40 – Camp Conclusion

REGISTRATION FORM IS ON THE BACK

Registration Form

Name _____ Age _____ Current Grade _____
Address _____ City _____ Home Phone _____
Dad's Name _____ Dad's Cell _____
Mom's Name _____ Mom's Cell _____
Medical Insurance Provider _____ Family Physician _____
Physician Phone Number _____ Shirt Size _____

Participation Waiver – Must Be Signed By Parent or Guardian!

Being fully aware of the inherent dangers associated with football and in consideration of your accepting our application, we hereby, for ourselves and our heirs, do waive and release any and all rights and claims for damages we may have against the American Fork High School Football Camp, its coaches, its sponsors, the Alpine School District, or their respective representatives for any and all injuries suffered at any activity associated with the program.

Signed: _____ Date: _____

Consent to Provide Emergency Care – Must be Signed by Parent or Guardian!

Be it known, that in the event I can not be reached, I, the undersigned parent or guardian of the participant named above, give and grant unto any Emergency Medical Technician, medical doctor, or hospital, my consent and authorization to render such aid, treatment or care to said participant, as may be required in the event of an injury, or similar emergency which occurs during any activity associated with this program. I also acknowledge and understand that any expense related to an emergency related to this program that is not covered by insurance will be my responsibility. I agree that expenses for such emergencies are not the responsibility of the American Fork High School, the coaches, the parent sponsors, or the school district or their representatives.

Signed: _____ Date: _____

Please Pay Online **and** Send Your Registration Form to:

American Fork High School
Football Youth Camp/Coach Behm
600 E. 510 N.
American Fork, UT
84003

Note: If you are a 1st Year Player with Caveman Youth Football, your Fall Registration will be discounted \$75 dollars by attending this AFHS Youth Football Camp.