

2013
NOVEMBER

explorer NEWS

principal's message Dr. Joseph Backman



Fabulous Foothill Parents,

At Foothill Elementary, our mission statement says, "Inspire a passion for learning by exploring the past, discovering the present, and creating the future." Each part of our mission statement signifies the values that drive us, specifically:

- "Inspire a passion for learning" occurs as our phenomenal teachers motivate students through knowledge and instruction that truly motivates students to learn. We hope to exemplify this passion for learning as teachers and inspire a desire to learn in our students. As William Butler Yeats wrote, "Education is not the filling of a pail, but the lighting of a fire."
- "Exploring the Past" refers to our commitment to remember those that have gone before us and have provided so much for us. Each grade curriculum focuses on the past. For example, the 5th grade studies US History and the forefathers that helped create this great nation. Also, the 4th grade curriculum studies Utah history, particularly the Pioneers. As the 150th anniversary of the Gettysburg Address comes on November 19th we will remember the great work of Abraham Lincoln to help our students remember the past.
- "Discovering the Present" describes our desire to provide students with the exciting learning that we have at our fingertips today. We hope to provide students with the best education possible on a daily basis. We want them to learn from experts of our day, learn from each other, and choose to live life to the fullest as they discover the present.
- "Creating the Future" denotes the role our school plays in equipping students with the knowledge and skills necessary to ensure the future of our democracy. In twenty-plus years our wonderful students will be the leaders, inventors, and experts in our community and country. We hope to inspire in each student the courage and motivation to make a difference.

As the principal of Foothill Elementary I commit to fully living our mission. I am amazed at the fantastic work of our teachers and staff. They are the ones that put our mission into action on a daily basis. I am grateful for their commitment and support. I am so blessed to work with each of them. I also stand in awe at the support of the parents and patrons in our community. There are countless hours devoted to the school that help fulfill our mission at Foothill Elementary. During this month of Thanksgiving, I hope each of us can explore the past, discover the present, and create a fantastic future for us all, especially these wonderful children.

Sincerely,
Dr. Backman

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Dr. B.'s Readers

1st-3rd Grades
Magic Tree House Book #22:
Revolutionary War
on Wednesday
By Mary Pope Osborne

4th-6th Grades
The High King
By Lloyd Alexander

UPCOMING EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Early Out 6th Grade Clear Creek	29 2nd Grade Program 6pm 6th Clear Creek	30 6th Grade Clear Creek	31 Halloween Parade	1
4 Early Out Reflections Due	5 Election Day	6	7	8
11 Early Out Veteran's Day	12	13 Immunization Clinic 3:30-5:30p	14	15 First Trimester Ends
18 Early Out PTA Meeting 11:30 a.m.	19 Dr. B's Readers	20 SCC Mtg. 11:30a	21	22
25 Early Out 5th Grade Colonial Days	26	27 No School Thanksgiving	28 No School	29 No School

HAPPY BIRTHDAY!

Bobbie Paeonessa - 1st
 Kristi Graham - 9th
 Shauna Crockett - 14th
 Karen Longmore - 26th
 Amy Harward - 29th

NEXT MONTH:

Nov. 4 - Reflection Entries Due
 Nov. 18 - PTA Meeting
 11:30 a.m.

president's message
Kelli Brown

There are so many amazing things happening at Foothill Elementary. Our children are very lucky to be attending such a great school. The teachers and staff are fully invested in our children. Our PTA is also fully invested in our children. We have so many willing parents who consistently support our children through the PTA. Here are some of the things the PTA parents do to support our children:

Fall Festival
 Red Ribbon Week
 Teacher Appreciation
 Teacher Birthdays
 Teacher Grants
 Book Fair
 Reflections
 Yearbook
 School Newsletter
 Fuel Up to Play 60
 Room Parents
 Art Program
 Box Tops
 Knowledge Bowl
 Music Program
 Spelling Bee

If you would like an opportunity to volunteer, or would like to learn more about what is happening with the PTA and Foothill, please attend a PTA meeting. Our next meeting is November 18th at 11:30 a.m. in the library. Lunch is served.

THE news

EDIBLE ENGINEERING - Mrs. Hardy's 3rd Grade Class


A Rice Krispie sedan, a vegetable mobile, a cheese coach, and a pumpkin carriage were some of the car designs created by Mrs. Hardy's third-grade students at Foothill Elementary. The class members received a challenge from Mrs. Hardy to custom-build a car that would roll down a ramp—only the car had to be made from material one would eat. This delicious activity mobilized the brain and tantalized the taste buds.

Creativity started the race. Using problem-solving skills, the students tested and adjusted their scrumptious inventions. They could make as many prototypes as they wanted. Just as in life, trial and error brought improvement. Fun while learning was the delicious outcome.



Sundance Ski/Snowboard Program

The Sundance Ski/Snowboard Program is available to Foothill students again this year! It's a fun way to learn a new sport with friends from your school and to take advantage of our beautiful mountains and close proximity to a resort. Kids 8 and up (9+ for snowboarding) are scheduled by school and grouped by ability for 4 two-hour lessons and they can night ski for free afterward (parents are encouraged to join their kids or find a chaperone as instructors are not supervising after the lesson). Release forms and payment are due to Katrina Larson by Dec. 18 - the Wednesday before Christmas break because the first lesson is our first day back to school. But you can sign up any time by e-mailing Katrina your student's name and age - then she will send out a reminder before fees are due. See costs listed on the flyer and e-mail or call with any questions.



SUNDANCE

SKI & SNOWBOARD SCHOOL PROGRAM
2013-2014 SEASON

FOOTHILL ELEMENTARY

Day of Lesson:	Monday
Arrival Time:	3:30 PM
Lesson Time:	4:00 PM - 6:00 PM
Number of Weeks:	4 weeks of lessons
Lesson Dates:	Jan. 6, 20, Feb. 10, Mar. 3
Cost w/o Season Pass:	\$168.00
Cost w/ Season Pass:	\$128.00
Ski/Snowboard Rental:	\$10 per week / \$40 for 4 weeks
Helmet Rental:	\$5 per week / \$20 for 4 weeks

FOR MORE INFORMATION, CONTACT KATRINA LARSON:
801-361-0287 | LEIFANDKATRINA@YAHOO.COM

801-361-0287
leifandkatrina@yahoo.com

SUBMISSIONS TO THE DECEMBER NEWSLETTER ARE DUE MONDAY, NOVEMBER 25. oremfoothillpta@gmail.com

MORE news

Orem Fire Station Field Trip - By Eva Olivier and Rose Nuffer

On Wednesday, October 9, 2013, Mrs. Hardy's class from Foothill Elementary went to the Orem Fire Station for their annual fire department open house.

They saw firefighters in action, using a fire hose and the jaws-of-life. They feasted on cotton candy and popcorn. The class witnessed a helicopter landing; we should have held on to our hats! Children went into a smoke house and crawled under smoke. Children tried on over-sized gear. Plus, we held a fire hose and even went inside an ambulance. There were some police officers there too.

The bus ride back was short, but we all agreed that it was a once in a lifetime experience. It was all to learn about communities.



STUDENTS OF THE WEEK



Dixon Dunaway, Fernando Sanchez, Derek Sutherby, Nisha Jarman, Eva Smith, Jacob Craddock, Liam Fry, Annica Galland, Aden Black, Maxon Fox, Eva Olivier, Armando Garcia, Lindsey Hiatt, Abby Hardman, Jarrett Nelson, Tiegen Ashdown, Mariah Whitlock, Mary Lambert, Eli Esplin, Jacob Waugaman, Marcos Martinez, Timothy Lawrence



Miranda Peterson, Camri Frahm, Scott Billings, Sarah Wong, Abby Egbert, Isabelle Quigley, Maddox Howard, Ryan Black, Konrad Taotua, Easton Knight, Ryan Benson, Emma Lee, Erika Faragher, Sarah Williams, Sydnee Bartlett, Cambria Cook, Luke Aydelotte, Ashley Jones, Reagan Buss, Abigail Werner, Addy Hampton, Allison Himes, Claire Oakeson, Jill Jackson



NURSING news

Just about every student in a school may be affected by “bullying,” either as a victim, the bully him/herself, or as a witness. As bystanders, students are often confused and fear for their own safety. A conservative estimate is that one in seven students are chronic victims of bullying. It is estimated that 160,000 children miss school every day due to fear of attack or intimidation by other students. 56% of students have witnessed some type of bullying. The numbers continue to rise.

All children can potentially be victims regardless of how “normal” or different they may seem. The reasons why a child may become a victim of bullying are endless. That doesn’t mean children who are not “different” do not get bullied.

TYPES OF BULLYING INCLUDE:

- VERBAL-usually involves name-calling, incessant mocking, and laughing at a child’s expense.
- PHYSICAL-can accompany verbal bullying and involves things like kicking, hitting, biting, pinching, hair pulling, or threats of physical harm.
- EMOTIONAL-can be more subtle and can involve isolating or excluding a child from activities or spreading rumors. This kind of bullying is especially common among girls.
- RACIST- preys on children through racial slurs, offensive gestures, or making jokes about a child’s cultural traditions.
- SEXUAL- involves unwanted physical contact or sexually abusive or inappropriate comments.
- CYBER- through email, instant messaging, internet chat rooms, and camera cell phones, cyber bullies forward and spread hurtful images and/or messages.

HOW TO DEAL WITH A BULLY:

- HOLD THE ANGER- getting angry is exactly the response the bully is aiming for. Not only will getting angry or violent not solve the problem, it will only make it worse. Getting angry makes the bully feel more powerful.
- NEVER GET PHYSICAL OR BULLY BACK- emphasize that your student should never use physical force like kicking, hitting, or pushing to deal with a bully. Not only does that show anger, but your student can never be sure what the bully will do in response. Tell your student that it’s best to hang out with others, stay safe, and get help from an adult.
- ACT BRAVE, WALK AWAY, AND IGNORE THE BULLY- tell your student to look the bully in the eye and say something like, “I want you to stop right now.” Counsel your student to then walk away and ignore any further taunts. Encourage your student to “walk tall” and hold his or her head up high. Using this type of body language sends a message that your child isn’t vulnerable. By walking away, your student will be telling the bully that he or she just doesn’t care.
- USE HUMOR- if your student is in a situation in which he or she can’t walk away with poise, tell him or her to use humor or give the bully a compliment to throw the bully off guard. However, tell your student not to use humor to make fun of the bully.
- TELL AN ADULT- if your student is being bullied, emphasize that it’s very important to tell an adult. Teachers, principals, parents, and lunchroom personnel at school can all help to stop it.
- TALK ABOUT IT- talking can be a good outlet for the fears and frustrations that can build when your child is being bullied.
- USE THE BUDDY SYSTEM- enlisting the help of friends or a group may help both your child and others stand up to bullies.

Sincerely,
Kim Lowe, RN, School Nurse

GIFT CARDS STILL AVAILABLE -

To purchase, call Amy Hulme at 801-471-6783 or email her at amyhulme@gmail.com

Company Name	DONATION	VALUE	Value Price
ITEMS		VALUE	Value Price
Jensen's Candy	Box of Thin Mints (\$6)	\$6	\$3
Utah Museum of Fine Arts	Family Membership	\$65	\$25
Allen's Camera	Gift Certificate for one metal clock or wall art (\$50)	\$50	\$15
Cross Fit	Month Memberships (\$150)	\$150	\$50
Utah Grizzlies	4 Tickets @ \$19	\$76	\$20
Atlantis Casino Resort Spa - Reno	2 Night Stay	\$200	\$40
Valley Center Playhouse	2 Tickets (\$14)	\$28	\$8 for both
Garden Alive	\$25 Gift Certificate	\$25	\$10
Brighton Resorts	2 Nite Voucher (\$36)	\$72	\$25
Amy's Martial Arts	Martial Arts for Month @\$100	\$100	\$10
Miracle Springs Resort & Spa	3 day 2-Night Stay at the Desert Hot Springs, California	\$238	\$50
GIFT CARDS			
Spencers	2 Entrees (\$50)	\$50	
Edible Arrangements	\$50 Gift Certificate	\$50	\$40
Mrs. Cavanaugh's	\$20 Gift Cards	\$20	
Subzero Ice Cream	3 \$5 Gift Cards (exp 10/31/13)	\$15	
Chuck a Rama	4 Buffet Meals (\$13)	\$52	
Crackel Barrel	2 Meals	\$18	
Roll Up Cafe	\$10 Gift Card	\$10	
Sammy's	\$30 Gift Card	\$30	
Texas De Brazil	\$50 Gift Certificate	\$50	
Wild Mustang Bakery and Grill	\$25 Gift Cards	\$25	
Wiseguyz Pizzeria	4 \$5 Gift Certificates	\$20	
Alphabet Station	\$35 Gift Card	\$35	
Rod Works	3 \$10 Gift Cards	\$30	\$20
Sherwin-Williams	\$50 Gift Card	\$50	\$40
Sister Missionary	\$50 Gift Card	\$50	
Old Towne Grill	\$25 Gift Certificates	\$25	
Kwal Paint	Certificate for 1 Gallon of Paint	\$35	\$30
5 Buck Pizza	2 \$10 Gift Certificates	\$20	
Lowes Xtreme Sports	\$25 Gift Cards	\$25	
Iceberg	2 \$10 Gift Cards	\$20	
VALUE GIFT CARDS		Value	Value Price
Classic Skating	Family Pass Skating @\$15	\$15	\$6
Beehive Cheese Creamery	\$25 Gift Certificate	\$25	\$15
Fat Boy	2 Gift Cert. for Fat Boys @ 5.99 each	\$12	\$8
Arctic Circle	2 2 Free Medium Size Combos (\$17)	\$34	2 for \$12
Burger King	4 Whoppers @ \$3.90	\$16	4 for \$10
Carl's Jr	3 burgers, fries, and drinks (\$8.2)	\$24	2 for \$12
OtterBox	\$60 Gift Card	\$60	\$35
			\$12 each
Out N Back	2 Free Ski/Snowboard Day Rental (\$20)	\$40	(x2)
			dozen for
Farr's Ice Cream	Dozen Cookie -Certificates (\$15)	\$15	\$10