

p2 Pres. Message
Month at a Glance

p3-6 Important News
Birthdays
Dr. T's Readers

p7 Nursing News

p8 Students of the Week



EXPLORER NEWS

PROVIDED BY
FOOTHILL PTA

PRINCIPAL'S MESSAGE

By: Dr. Vallen Thomas

In reflecting on the season I have become more keenly aware that we, at Foothill, have a good deal to be thankful for - most particularly, great teachers, parents, and students that make up this fabulous school community. I am continually impressed at the level of commitment from all interested parties to the success of students at this school. There certainly is a culture of service and support that emanates throughout all we do here at Foothill. This is why it only seems natural for this message to focus on our wonderful service opportunities this holiday season, as well as our fun Foothill traditions both past and present.

In working closely with our student council, under the direction of Mrs. Wakamatsu & Mrs. Gurr, we held a very successful Penny Wars fundraiser. In one week, our students and parents brought \$1,890 in change to go to Shriners Hospital! These funds will go to provide assistance to children in

the Orem area who are in need of special orthopedic surgeries. Truly our students and parents are shining examples of our Foothill Four: Courage, Courtesy, Respect, and Responsibility. THANKS to all those who participated in Penny Wars!

In December, the Clark Family is continuing their tradition of collecting coats and gloves for the homeless through a school-wide coat and glove drive December 3-7. Our Galaxy Leadership Team will be coordinating this coat drive and we hope many can lend a "Helping Hand" this holiday season.

In keeping with this month's focus on service, and in lieu of Dr. T's Readers Book Club, I will again visit every classroom to read holiday stories as part of what I call Dr. T's Holiday Read. I look forward to sharing this time with your students. In January we will resume Dr. T's Readers with the following books:

Grades 1 - 3 BFG by Roald Dahl; and Grades 4 - 6 Lunch Money by Andrew Clements. My monthly reminder is, as always, please keep encouraging your students to read not only the Dr. T books, but any good book they can get their hands on.

Finally, I wish to send a thank you out to the following: All of our wonderful school choirs and orchestras; and all the teachers/parents involved in making these programs shine; our fabulous fifth grade team (Mrs. Longmore, Mrs. Walker, and Mrs. Siebach) for putting on Colonial Day for our fifth grade students; and our wonderful secretarial and support staff!

Truly our students are fortunate to enjoy such wonderful learning opportunities, as they "Go for the Gold By Building a Community of Learners!"

Please enjoy a wonderful holiday season! - Dr. Thomas

MONTH AT A GLANCE

PTA[®]
everychild.one voice.

PRESIDENT'S MESSAGE

By: Kelli Brown

Dec. 6 - 3:30 p.m.
Knowledge Bowl
Meeting

Dec. 6 - 7:00 p.m.
Holiday Concert

Dec. 7
Coat Drive Items Due

Dec. 10 - Noon
PTA Meeting

Dec. 19
Class Christmas Parties

Dec. 20 - Jan. 2
Holiday Break
No School

Jan. 3
Return to School

LOOKING AHEAD

Jan. 21
Human Rights Day
No School

Jan. 14 - Noon
PTA Meeting

Spelling Bee, Knowledge
Bowl and Reflections
Awards! (More
information to come!)

The Votes are in!! (Not that other election in November!)

At our November PTA meeting we discussed and voted on the allocation of the additional funds earned at the Fall Festival. We had \$9,000 up for grabs. There were many ideas presented and an informative discussion on how we could make the greatest impact on the education of our students at Foothill. The final decision was to allocate \$7,800 to the purchase and installation of permanent, mounted sound systems in the classrooms. Each system is approx \$1,100, so we currently can equip 7 classrooms with these much needed systems. We will concentrate on the larger, upper grades with the most need. This will also allow younger students progressing through Foothill to benefit from this purchase.

Information on sound systems from Mrs. Walker (current 5th grade teacher at Foothill):

"I highly recommend having a permanent voice enhancement system in each classroom. Research has shown that it will help students with any type of hearing loss, students working with English Language Development (formally English as a Second Language), students with attentive disorders such as ADHD or ADD, young children learning phonics and phonemic recognition, and students with perfectly normal hearing. Basically it will benefit ALL students! Studies have shown that students who do not have a hearing problem are still missing out on a 1/3 of the information being presented, simply because of poor acoustics in a classroom setting. The results are increased test scores in ALL areas: math, science, reading, writing, art, social studies, and music. "

"From personal experiences with using a permanent audio enhancement system, it was simple and easy to use. I wore a light-weight microphone around my neck. It came off and on the lanyard easily thus making it possible for students to share their reading, writing, or other thoughts. It was empowering to the students to hear their voice amplified. Students were on-task more, because they could hear more of what was going on. It makes a major difference in student attention. My students loved it, and did not like it when I did not wear one. It made a huge difference at my last school, and that same difference can be made at Foothill Elementary."

<http://www.classroomhearing.org/research/who.html> A great website on who benefits from having a sound enhancement system in their classroom.

<http://www.techlearning.com/printableArticle.aspx?articleID=52600733#four> A report of the top ten returns on investments in education. Microphones for teachers is number 4.

Please contact the PTA if you know of anyone or a business that is interested in providing a grant to match the funds from Foothill PTA in order to provide more systems.

The additional \$1,200 available will be set aside for a teacher grant. A teacher or a group of teachers can write a grant to Foothill PTA to provide specific needs in their classrooms. A PTA committee will then determine who will receive the money based on the greatest needs. This is new to Foothill, but is done on a regular basis at the secondary schools. We thought we would give it a try.

Side note: There were two other items of high interest during our meeting. The teachers are in need of a new laminator (about \$1,800) and also desire to add a 2nd set of ukuleles (\$640) for Explorer Time.

Two items of success that will potentially help us get both items:

1. Target Gives Back: Many parents and family members participated in a Facebook campaign (thanks Suzy Baller for giving us the heads up!) during this past summer. We were able to earn \$450! Thank you for voting and thank you Target!!

2. Box Tops: We projected that Box Tops would bring in \$2,200 for the year. As of the end of October, we already hit the \$2,100 mark!! (Thank you Tacy Wells!) Keep clipping and sending in the Box Tops...what an easy way to earn CASH for our school.

Merry Christmas and Happy New Year!!
Kelli Brown

IMPORTANT NEWS



Shriners Hospitals
for Children™

"Way to Go Foothill for Raising \$1,890 for Shriners Hospital!"



Our Fuel Up To Play 60 program is in full swing! Before Thanksgiving we had our first Fun Fitness Friday. Next, the children will be sampling healthy foods! Watch for posters about our upcoming fitness Fridays and food sampling! Some activities will include

gymnastics & karate, and sampling edamame, pomegranates, and different cheeses. Lets help our kids find that exercise and eating healthy can be fun!

Pick-Up in the North Parking Lot Circle:

Please do not park parallel in the circle. When cars are parked sideways, and especially left unattended, it disrupts the flow of traffic. This is really important when we have a snowy parking lot and there is a greater need to get a lot of cars in and out in a short amount of time. If you need to go into the school, please park in a designate parking stall. If you are staying in your car, please pull forward when there is space in front of you.



HAPPY BIRTHDAY

9th - Karen Crabb
13th - Cassandra Whitehead
17th - Melissa Butler
31st - Christine Young



No Official Books:
Enjoy reading holiday books together with your kids!

SUBMISSION TO THE NEWSLETTER?

oremfoothillpta@gmail.com

with newsletter as the subject

by **December 21st**

COAT DRIVE

This holiday season, the Foothill PTA would like to ask the students of Foothill Elementary to help those who are less fortunate.

Please bring in gently used or new gloves, mittens, coats, back packs or blankets. (No other clothing items please.)

Your donations will go to the homeless children, women, and men in Utah. The class that collects the most items will be awarded a **doughnut and milk party!**

**Please turn in your items to your classroom
By Friday, December 7th!**

AUCTION ITEMS AVAILABLE: The following items are still available to purchase from the PTA. All funds go directly to supporting the school. Feel free to make us an offer on any item at oremfoothillpta@gmail.com

Company Name	Donation	Value
Kids Clif Barz	Package of 25	\$10
Classic Skating	Family Passes @ \$15	\$5
Cascade Golf Course	Family! Miniature Golf for 6	Value \$20 Good next year \$10
Firestone Tires	\$100 Gift Card	\$100
Gourmet Gift Baskets.com	\$20 Gift Certificate	\$20
Meadow Gold	Coupons - Ice-cream Value \$4	5 for \$10
Organic Valley	Coupons for Organic Valley Products	Coupons are Valued from \$4-\$10 a piece 10 for \$20
El Polo Loco	3 8 piece meals @ 17.99 a piece	\$12 Each
Honeybaked Ham	Sandwiches \$5.5 8 Free Sandwiches	\$3
Skippers	2 \$25 Gift Cards	\$50
Spencers	Dinner for Two @ \$50	\$50
Station 22	Gift Cards for Meal for 2 @ \$17	\$17
Paper Culture	\$100 Gift Voucher	\$100
Alphabet Station	2 \$10 Gift Certificates	\$20
Alphagraphics	\$50 Gift Card	\$50
Aspen Salon	\$25 Gift Card	\$25
Tuxedo Wearhouse	Tuxedo Rental with Shoes	\$45
Jake's Archery	\$50 Gift Card	\$50
Utah Blaze Arena Football	8 Ticket Vouchers at \$40 each	\$320
Utah Grizzlies	4 Tickets to any Game	\$68
Soaring Adventures	Hot Air Balloon for 1 Value \$120	\$40
Amy's Martial Arts	Zumba Classes - 1 Month	\$25

SKI SCHOOL

SUNDANCE

SKI & SNOWBOARD SCHOOL PROGRAM 2012-2013 SEASON

FOOTHILL ELEMENTARY



Day of Lesson: Monday
Arrival Time: 3:30 PM
Lesson Time: 4:00 PM - 6:00 PM
Number of Weeks: 4 weeks of lessons
Lesson Dates: Jan. 14, Feb. 4, 25, Mar. 11

Cost w/o Season Pass: \$168.00
Cost w/ Season Pass: \$128.00

Ski/Snowboard Rental: \$10 per week / \$40 for 4 weeks
Helmet Rental: \$5 per week / \$20 for 4 weeks

**FOR MORE INFORMATION, CONTACT JOELLE SLADE:
801-472-6114 | JOELLESLADE@YAHOO.COM**

OUT OF THE LOOP?



Email your request to be added to the email list for important news and updates, including this newsletter. oremfoothillpta@gmail.com



www.facebook.com/FoothillPTA Like us on Facebook!

MORE NEWS

Reflections Winners:

Music Composition:

Primary:

- Weston Warnick
- Amanda Partridge

Intermediate:

- Rebecca Partridge

Middle:

- Alexis Warnick

Literature:

Primary:

- Amanda Partridge

Intermediate:

- Madelyn Martin
- Rebecca Partridge
- Daniel Ruiz
- Will Lambert

3-D Art:

Primary:

- Amanda Partridge

Intermediate:

- Jonathan Jensen
- Rebecca Partridge

Visual Arts:

Primary:

- Ben Bingham
- McKay Nelson

Intermediate:

- Rebekah Jensen
- Jarrett Nelson
- Tiegen Ashdown

Photography:

Primary:

- Amanda Partridge
- Audrey Jensen

Intermediate:

- Emma Webb
- Sophie Merritt
- Rebekah Jensen

Dance Choreography:

Intermediate:

- Eliza Freestone

Film:

- Jessica Wood
- Baily Tucker

Come join Foothill's Knowledge Bowl team!

Knowledge Bowl is a fun competition against other elementary schools where you compete by answering questions about this year's topic: The Humanities (art, music, literature, theater). We will have 3rd and 4th grade teams and 5th and 6th grade teams. Come and find out more at an information meeting for students and parents on Thursday, Dec. 6 at 3:30pm in the library. We need parent volunteers in many capacities.

For more information contact Lisa Johnson 801-225-1969 or jeffandlisa@fiber.net

NURSING NEWS

WINTER SAFETY TIPS

Whether winter brings severe storms, light dustings, or just cold temperatures, the American Academy of Pediatrics has some valuable tips on how to keep your children safe and warm.

WHAT TO WEAR:

The rule of thumb for older babies and young children is to dress them in one more layer of clothing than an adult would wear in the same conditions.

HYPOTHERMIA:

-Hypothermia develops when a child's temperature falls below normal due to exposure to cold. It often happens when a child is playing outdoors in extremely cold weather without proper clothing.

-As hypothermia sets in, the child may shiver and become lethargic and clumsy. His/her speech may become slurred and his/her body temperature will decline.

-If you suspect your child is hypothermic, call 911 at once. Until help arrives, take the child indoors, remove any wet clothing, and wrap him/her in blankets or warm clothes.

FROSTBITE:

-Frostbite happens when the skin and outer tissues become frozen. This condition tends to happen on extremities like the fingers, toes, ears, and nose. They may become pale, gray, and blistered. At the same time, the child may complain that his/her skin burns or has become numb.

-If frostbite occurs, bring the child indoors and place the frost-bitten parts of his/her body in warm (not hot) water. 104 degrees fahrenheit is recommended. Warm washcloths may be applied to frostbitten nose, ears, and lips. Do not rub the frozen areas.

-After a few minutes, dry and cover him/her with clothing or blankets. Give him/her something warm to drink.

-If the numbness continues for more than a few minutes, call your doctor.

WINTER HEALTH:

-If your child suffers from winter nosebleeds, try using a cold air humidifier in the child's room at night. Saline nose drops may help keep tissues moist.

-Cold weather does not cause colds or flu. But the viruses that cause colds and flu tend to be more common in the winter, when children are in school and are in closer contact with each other. Frequent hand washing and teaching your child to sneeze or cough into the bend of his/her elbow may help reduce the spread of colds and the flu.

-Children between the ages of 6 months-59 months should get the influenza vaccine to reduce the risk of catching the flu.

Here's to a healthy winter!

Sincerely,
Kim Lowe, RN, School Nurse



STUDENTS OF THE WEEK



October 29, 2012 - Cody Anderson, AJ Snow, Boston Magness, Daniel Greene, Spencer Gale, Sophie Clark, Cristina Altamirano, Morgan Mathers, Hannah Riley, Juliet Galland, Amelia Mitchell, Emily Jacob, Jacob Hemmert, Jacob Waugaman, Karleigh Garside, Luke Blumell, Bryce Gubler, Courtney Hiatt, Allison Himes, Enoch Hellewell, Gabriela Altamirano, Nathan Spencer, Ben Greene, Benjamin Williams, Miles Johnson



November 12, 2012 - Kaycee Bell, Jackson Aznar, Eva Smith, Weston Warnick, Sarah Spencer, Dallin Heal, Madeline McFarland, Kate Hill, Lindsey Hiatt, Kylie Cochran, Jessica Wood, Summer Sampson, Tyeson Jones, Annika Boyack, Paige Nielsen, Treven Peck, Mary Santiago, Katie Davidson, Adia Johnson, Mason Perry, Curtis Martin, Cooper Young, Alexis Warnick, Jason Karbakhsh, Alexandra Hanks, Hannah Davenport, Carson Elliott, Wilson Greer



November 19, 2012 - Jacob Craddock, William Brown, Emily Oakey, Mia Morgan, Bryan Wood, Mason Riley, Camryn Lloyd, Emily Winter, Gage Hawkes, Rackel Ely, Meili Haggard, Kyra Crandall, Sophie Merritt, Tiegen Ashdown, Meg Duncan, Brynlee Fish, Jocelyn Hill, Anika Bingham, Becca Linford, Canyon Esplin, Levi Rodas, Kaitlin Wurtz, Rachel Jensen, Brock Hill, Celeste Peterson